

# November, 2014

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<p><b>Center is open Monday-Friday 9 a.m.—1 p.m.</b></p>		<p><b>November Birthdays In Orange</b></p> 		<p>Change Your Clocks Back &amp; Smoke Alarm Batteries</p>  <p><b>2 Mona Pilkington Hosey Johnson</b></p>
<p><b>3 Bingo and Bridge</b></p>	<p><b>4</b></p>  <p><b>Center will be open</b> Gladys Avery</p>	<p><b>5 Nutritional Information Games</b></p>	<p><b>6 Games</b></p> 	<p><b>7 Games</b></p> <p><b>8 Frank Howell 8 Allison Swanson</b></p>
<p><b>10 Nutritional Information Games</b></p>	<p><b>11 Closed</b></p>  <p><b>Veterans Day</b></p>	<p><b>12 Out to Lunch To the Paw Paw Patch</b></p>	<p><b>13 Games</b></p> 	<p><b>14 Devotional with Beth Games</b></p> <p><b>15 Linda McKee</b></p>
<p><b>17 Bingo and Bridge</b></p>	<p><b>18 Games</b></p> 	<p><b>19 Nutritional Information Games</b></p>	<p><b>20 Games</b></p>	<p><b>21 Games</b></p>
<p><b>24 Bingo and Bridge</b></p> 	<p><b>25 Games</b></p> 	<p><b>26 Games</b></p> <p><b>Sarah Jo Clayston</b></p>	<p><b>27</b></p>  <p><b>HAPPY THANKSGIVING!</b></p>	<p><b>28</b></p>  <p><b>WE'RE CLOSED!</b></p>

NOVEMBER

ADSS NUTRITION PROGRAM

FALL 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Menu 6</u> 3                      Cranberry Juice                      Taco Soup                      Confetti Carrots                      Cabbage                      Saltine Crackers                      Margarine                      Oatmeal Crème Pie                      Milk</p>	<p><u>Menu 7</u> 4                      Breaded Pork/Brown Gravy                      Ranch Potatoes                      Turnip Greens                      Fresh Fruit                      Cornbread                      Margarine                      Chocolate Pudding                      Milk/Buttermilk</p>	<p><u>Menu 8</u> 5                      Apple Cherry Juice                      Frankfurter/Bun                      Baked Beans                      Macaroni Salad/Carrots                      Diced Onions                      Ketchup/Mustard/Mayonnaise                      Hot Apple Cobbler                      Milk/Chocolate Milk</p>	<p><u>Menu 9</u> 6                      Grape Juice                      Chicken Pot Pie                      Okra and Tomatoes                      Brussels Sprouts                      Whole Wheat Bread                      Margarine                      Strawberry Gelatin                      Milk</p>	<p><u>Menu 10</u> 7                      Meatballs (3)/Spaghetti Sauce                      Penne Pasta                      Italian Vegetables                      Fresh Fruit                      Wheat Breadstick                      Margarine                      Birthday Cake                      Milk</p>
<p><u>Menu 11</u> 10                      Orange Juice                      Stuffed Pepper Casserole                      Peas and Carrots                      Rosey Applesauce                      Wheat Breadstick                      Margarine                      Chocolate Cake                      Milk</p>	 <b>Centers Closed</b>	<p><u>Menu 13</u> 12                      Grape Juice                      Sliced Turkey/Gravy                      Whipped Sweet Potatoes                      Corn and Limas                      Whole Wheat Bread                      Margarine                      Oatmeal Cookies - 2                      Milk</p>	<p><u>Menu 14</u> 13  <b>Taco Salad:</b>                      Taco Meat                      Salad Mix/Tomato/Cheese                      Pinto Beans                      Corn Chips                      Taco Sauce                      Orange Gelatin                      Milk</p>	<p><u>Menu 15</u> 14                      Orange/Pineapple Juice                      Baked Chicken Thigh                      Delmonico Potatoes                      Mixed Vegetables                      Whole Wheat Bread                      Margarine                      Banana Pudding                      Milk</p>
<p><u>Menu 16</u> 17                      Cranberry Juice                      Chicken Noodle Casserole                      Green Beans                      Garden Vegetables                      Whole Wheat Bread                      Margarine                      Fig Bar                      Milk  <b>Alt: Chicken and Dumplings</b></p>	<p><u>Menu 17</u> 18                      Hamburger/Bun                      Baked Beans                      Potato Salad                      Lettuce/Tomato/Onion                      Ketchup/Mustard/Mayonnaise                      Hot Peach Cobbler                      Milk/Chocolate Milk</p>	<p><u>Menu 18</u> 19                      Grape Juice                      Chili with Beans                      Country Vegetables                      Fresh Fruit                      Saltine Crackers                      Margarine                      Sugar Cookies - 2                      Milk</p>	<p><u>Menu 19</u> 20                      Tomato Juice  <b>Vegetable Plate:</b>                      Macaroni &amp; Cheese                      Black-eyed Peas                      Collard Greens                      Cornbread                      Margarine                      Gingerbread Cookie                      Milk/Buttermilk</p>	<p><u>Menu 20</u> 21                      Meatloaf/Brown Gravy                      Whipped Potatoes                      Mixed Vegetables                      Sliced Peaches                      Whole Wheat Bread                      Margarine                      Yellow Cake                      Milk</p>
<p><u>Menu 1</u> 24                      Baked Chicken Thigh                      Lima Beans                      Buttered Carrots                      Pineapple Tidbits                      Whole Wheat Bread                      Margarine                      Fudge Round                      Milk</p>	<p><u>Menu 2</u> 25                      Apple Juice                      Smoked Sausage                      Ranch Beans                      Spring Vegetables                      Diced Onions                      Hot Dog Bun                      Mustard                      Cherry Gelatin                      Milk</p>	<p><u>Theme Menu 1</u> 26                      Orange Juice                      Sliced Turkey/Gravy                      Cornbread Dressing                      Green Peas with Pearl Onions                      Wheat Breadstick                      Margarine                      Cranberry Sauce                      Carrot Cake                      Milk</p>	 <b>Thanksgiving Holiday Centers Closed</b>	 <b>Thanksgiving Holiday Centers Closed</b>